

FoodBank

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If you are in need of a food parcel, refreshments or some company, then come and join us.

Open Every Wednesday – 10.30am-11.30am



We will provide **ONE** bag of food per household so we can help as many families as possible. We cannot guarantee that all parcels will have identical contents as items are distributed according to donations received. Food is offered on a first come first served basis and we cannot guarantee that there will be a parcel available for everyone.

If there are any items which you may not consume then you are welcome to donate these back to the food bank. These items will then be shared with other visitors to the food bank.

If this is your first visit please bring proof of benefits and a form of identification on your next visit which shows your home address e.g. bank statement, utility bill etc. If you require food for you and your family please bring in evidence of your Child Benefit. Without this, you may not

receive a food parcel.



*Need some advice? Come & speak to an advisor from **Citizens Advice Bureau***

Wednesday mornings between 10.30 – 11.30.

Volunteers are the lifeblood of the FoodBank!!!



Without the volunteers, we cannot run this project. We need you to help us to help our community.

You can volunteer anything from a few hours to two days a week. We really value any contribution you make, your time and skills could be just what we need.

We want you to enjoy volunteering and there are lots of ways to get involved. Whatever role you choose, you will make a real difference to the life of someone in crisis.

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For more information call [07999 271 536](tel:07999271536) or to fill in a volunteers form [click here](#)

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Donate Now

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